



LA-ACC Annual Meeting
September 20-22, 2019
The Westin Hotel • New Orleans, LA

Chairs

Jherie Ducombs, MD, FACC
Daniel Morin, MD, FACC
Ali "Zee" Murtuza, MD, FACC
Gary Rich, MD, FACC
Sangeeta Shah, MD, FACC
Merrill Stewart, MD, FACC

CV Team

Stacey Ducombs, Nurse Practitioner
Kristen Dupre, Pharm D
Moriah Richie, PA-C, MHS

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AGENDA

FRIDAY, SEPTEMBER 20TH

Women in Cardiology Program & Opening Session

1:00 pm	Registration	12:45 pm
2:00 pm	Welcome!	1:00 pm
2:00 pm	Negotiation 101: Basements, Bullheadedness, & Other Barriers to Managing Conflict Better Erica Howe, MD	1:15 pm
4:00 pm	Reduction in the Risk of Stroke & Other Major Cardiovascular Event Ian Del Conde Pozzi, MD	1:30 pm
5:00 pm	Closing Remarks	1:45 pm

Dr. Robert Drutel
Interesting Case Study Dr. Ala Mohsen
Our Louisiana Chapter: Updates Sangeeta Shah, MD, FACC, Chapter Governor
ACC CV Team - What we Have Learned Moriah Richie Kelli Bohannon
The Forgotten Valve Causes of TR Hamang Patel, MD
The Forgotten Valve Imaging of Tricuspid Valves Elizabeth McIlwain, ACS, FASE

SATURDAY, SEPTEMBER 21ST

LA-ACC Annual Meeting

7:00 am	Registration	2:00 pm
7:00 am	Breakfast	2:15 pm
8:00 am	Welcome Sangeeta Shah	2:30 pm
8:15 am	Improving Transesophageal Consent Allyson Judge & Anne Thai	3:00 pm
8:30 am	Artificial intelligence in Cardiology Matt Hayes, MBA	3:15 pm
9:00 am	Redefining the Role of Cardiologists in the Management of Type 2 Diabetes: Best Practices for Cardiovascular Risk Reduction Christie Ballantyne, MD & Robert Eckel, MD	3:30 pm
10:00 am	Break	3:30 pm
10:30 am	What is Value in Value-Based Reimbursement Tim Attebery, DSC, MBA, FACHE, CEO of ACC	3:45 pm
11:30 am	Interesting Case Study Dr. Sepher Saberian	
11:45 am	Interesting Case Study Dr. Michael Crawford	
12:00 pm	Lunch	
12:00 pm	Council Meeting (<i>By Invitation Only</i>)	
12:30 pm	Interesting Case Study	

The Forgotten Valve Surgical Perspectives Patrick "Gene" Parrino, MD
The Forgotten Valve Interventional Perspectives Jorge Castellanos, MD
Break
Amyloidosis no Longer an Academic Exercise: A Treatable Pandemic The Many Faces of Amyloidosis Frank Smart, MD
Amyloidosis no Longer an Academic Exercise: A Treatable Pandemic Imaging or Biopsy for the Diagnosis of Amyloid Clement Eiswirth, MD
Amyloidosis no Longer an Academic Exercise: A Treatable Pandemic Treatment Kristina Dupre, Pharm D
Amyloidosis no Longer an Academic Exercise: A Treatable Pandemic Role of a Nurse Anne Gullo, RN MBA, BSN, RN



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AGENDA (continued)

- 4:00 pm **Exercise in Special Populations**
Promoting Physical Activity and Exercise
Carl “Chip” Lavie, MD
- 4:30 pm **Exercise in Special Populations**
Anomalous Coronary
Paul Dampf, MD
- 4:45 pm **Exercise in Special Populations**
Benefits of Exercise Bicycle
Lisa Bienvenu, ACS, SDMS, FASE
- 5:00 pm **Research Oral Presentation**
LVAD as Bridge-to-Transplant Leads to Better Outcomes
When Compared to Transplant-Only Strategy
Baldeep Dhaliwal, MD
- 5:20 pm **Research Oral Presentation**
Optimizing Cardiovascular Imaging got
Diagnosing Infective Endocarditis
Tripti Gupta, MD
- 5:40 pm **Research Oral Presentation**
Finding An Optimal Measure of Fitness to
Predict Mortality:
Anaerobic Threshold Versus Oxygen Consumption
Sergey Kachur, MD
- 6:00 pm **Poster & Cocktail Reception (Open to All)**
- 7:30 pm **Closing Remarks**
- SUNDAY, SEPTEMBER 22ND**
Life After Cardiology Fellowship Symposium
- 8:00 am Breakfast
- 8:30 am Welcome
- 8:40 am **Hybrid Practice**
Gary Rich, MD and Merrill Stewart, MD
Ochsner Health Center
New Orleans, LA
- 9:00 am **Academic Cardiology**
Fadi G Hage, MD
University of Alabama School of Medicine
Birmingham, AL
- 9:20 am **Medium Size Private Practice**
Karen Engelhardt, CEO of Louisiana Cardiology
Associates
Louisiana Cardiology Associates
Baton Rouge, LA
- 9:40 am **Large Size Private Practice**
Christopher Paris, MD
Cardiovascular Institute of the South
Houma, LA
- 10:00 am **Transitioning from Fellow to Attending**
Samy Abdelghani MD and Merrill Stewart MD
Ochsner Heart & Vascular Institute
New Orleans, LA
- 10:20 am **Panel Q & A**
- 10:40 am **Break**
- 11:00 am **Contracting for Doctors**
Leonard Davis
Attorney At Law
Herman, Herman, and Katz LLC
New Orleans, LA
- 11:20 am **Financial Planning Basics for Cardiologists**
Norman Pitman CFP and Greg Dorriety, CFA, CFP
Wells Fargo Advisors
Mobile, AL
- 11:40 am **FIT Jeopardy**
David Daly, MD
Merril Stewart, MD
- 12:40 pm **Closing Remarks**
- 1:00 pm **Meeting Adjourned**
Boxed Lunch To Go



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CME INFORMATION

STATEMENT OF NEED

Amyloid CM is an underrecognized cause of heart failure which has a specific workup and treatment as based on the most recent state of the art paper in JACC 2019. Severe tricuspid regurgitation has significant morbidity and mortality discussion of surgical and percutaneous options as most recently discussed in Triluminate Trial.

OVERALL GOAL

The goal of this activity is to improve patient care by increasing learner competence in diagnoses and referral for amyloidosis. There will also be improved awareness of the severe tricuspid regurgitation and guideline based diagnosis and review of current trials for percutaneous treatment.

LEARNER OBJECTIVES

- Identify the role of AI in clinical research and practice
- Identify the newer classes of Diabetes mellitus medication in the care of diabetes and cardiovascular risk mitigation
- Recognize the presence of amyloidosis in patients with HFpEF and perform a workup when appropriate

TARGET AUDIENCE

This course is intended for intermediate cardiovascular physicians, sub-specialists, cardiovascular physician trainees, nurses & clinical nurse specialists, nurse practitioners, physician assistants, pharmacists, primary care physicians, and beginner UGME & CME.

GRANT ACKNOWLEDGEMENT

Educational grant support for this activity provided by: Integrity.

LEARNER BILL OF RIGHTS

The American College of Cardiology Foundation (ACCF) recognizes that you are a life-long learner who has chosen to engage in continuing medical education to identify or fill a gap in knowledge or skill; and to attain or enhance a desired competency. As part of ACCF's duty to you as a learner, you have the right to expect that your continuing medical education experience with ACCF includes the following.

Content that:

- Promotes improvements or quality in healthcare
- Is current, valid, reliable, accurate and evidence-based
- Addresses the stated objectives or purpose
- Is driven and based on independent survey and analysis of learner needs, not commercial interests
- Has been reviewed for bias and scientific rigor
- Offers balanced presentations that are free of commercial bias
- Is vetted through a process that resolves any conflicts of interest of planners and faculty
- Is evaluated for its effectiveness in meeting the identified educational need



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CME INFORMATION *(continued)*

A learning environment that:

- Is based on adult learning principles that support the use of various modalities
- Supports learners' abilities to meet their individual needs
- Respects and attends to any special needs of the learners
- Respects the diversity of groups of learners
- Is free of promotional, commercial and/or sales activities

Disclosure of:

- Relevant financial relationships that planners, teachers and authors have with commercial interests related to the content of the activity
- Commercial support (funding or in-kind resources) of this activity

ACCREDITATION STATEMENT & CREDIT DESIGNATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education

(ACCME) through the joint providership of the American College of Cardiology Foundation and Louisiana Chapter of the American College of Cardiology. The American College of Cardiology Foundation is accredited by the ACCME to provide continuing medical education for physicians.

The ACCF designates this live educational activity for a maximum of 10.50 AMA *PRA Category 1 Credit(s)*[™]. Physicians should only claim credits commensurate with the extent of their participation in the activity.

American College of Cardiology Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. The ACCF designates this live educational activity for a maximum of 10.50 continuing nursing education contact hours. Each attendee should only claim credits commensurate with the extent of their participation in the activity.

While offering credits noted above, the course is not intended to provide extensive training or certification in this field.

DISCLAIMER STATEMENT

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- with permission. This information is provided for general medical education purposes only and is not meant to substitute for the independent medical judgment of a clinician relative to diagnostic and treatment options for a specific patient's medical condition.
- The American College of Cardiology Foundation (ACCF) does not warrant
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- Accredited status does not imply endorsement by ACC of any commercial
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- As a provider accredited by the Accreditation Council for Continuing Medical Education (ACCME) and the American Nurses Credentialing Center (ANCC), the American College of Cardiology Foundation (ACCF) must ensure balance, independence, objectivity and scientific rigor in all of their directly provided or jointly provided/co-provided educational activities. Planners, presenters, and other contributors, in a position to control the content are required to disclose to the audience all relevant financial relationships he/she and/or his/her spouse or domestic partner may have, occurring within the past 12 months, with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. When an unlabeled use of a commercial product or an investigational use not yet approved for any purpose is discussed during an educational activity, the contributor should disclose that the product is not labeled for the use under discussion or that the product is still investigational. ACCF is committed to providing its learners with high-quality activities and materials that promote improvements and quality in health care and not a specific proprietary business or commercial interest. The intent of this disclosure is not to prevent participation in educational activities by persons with a financial or other relationship, but rather to provide learners with information on which they can make their own determination whether financial interests or relationships may influence the education activity. ACCF assesses conflicts of interest (COI) with its faculty, planners, managers, staff and other individuals who are in a position to control the content of CME/CNE activities. All relevant potential conflicts of interest that are identified are thoroughly vetted through a process that includes course directors and appropriate peer review by education committee chairs/members, for fair balance, scientific objectivity and validity, and patient care and safety recommendations.

PROGRAM COMMITTEE

- Murtuza “Zee” Ali, MD, FACC, LSU
- Moriah Richie, PA, St. Thomas Clinic
- Kristina Dupre, Pharm D, Ochsner Medical Center

Murtuza J. Ali, MD, FACC

RESEARCH/RESEARCH GRANTS

Astra Zeneca, CardioKinetix

Kenneth C. Civello Jr., MD, FACC

Nothing to Disclose

David Dolph Daly, MD, FACC

Nothing to Disclose



CME INFORMATION *(continued)*

Jherie D. Ducombs, MD, FACC

Nothing to Disclose

Stacey E. Ducombs-Isa, RN

Nothing to Disclose

Kristina Ann Dupre, PharmD

Nothing to Disclose

Peter S. Fail, MD, FACC

OTHER

MEDTRONIC

Kalgi A. Modi, MBBS, FACC

Nothing to Disclose

Daniel P. Morin, MD, MPH, FACC

RESEARCH/RESEARCH GRANTS

Boston Scientific, MEDTRONIC;

SPEAKER'S BUREAU

Boeringer-Ingelheim, Zoll

Pradeep K Nair, MD, FACC

Nothing to Disclose

Dr. Hamang M. Patel, MD, FACC

Nothing to Disclose

Moriah Bethany Richie, PA-C

Nothing to Disclose

Sangeeta B. Shah, MD, FACC

Nothing to Disclose

Frank W. Smart, MD, FACC

RESEARCH/RESEARCH GRANTS

Abbott Laboratories, Abbott Laboratories



CME INFORMATION *(continued)*

Merrill Stewart, MD

Nothing to Disclose

Michael G. White, MD, PHD, FACC

Nothing to Disclose

Thomas W. Young, MD

Nothing to Disclose

FACULTY

- Sangeeta Shah, MD, FACC, Ochsner Medical Center, Cardiology
- Jherie Ducombs, MD, FACC, North Oaks Hospital, Cardiology
- Stacy Ducombs, NP, LSUNO

Timothy W. Attebery, DSc, MBA

Nothing to Disclose

Samy Abdelghani, MD, FACC

Nothing to Disclose

Christie M. Ballantyne, MD, FACC

CONSULTANT FEES/HONORARIA

Abbott Diagnostic, Akcea, Amarin, Amgen, arrowhead, AstraZeneca, Boehringer Ingelheim, corvidia, Denka Seiken, Esperion, Intercept, Janssen, Matinas BioPharma Inc, Merck & Company, Novartis, Novo Nordisk Inc., Regeneron, Roche Diagnostic, Sanofi-Synthelabo

OTHER

Roche

RESEARCH/RESEARCH GRANTS

Abbott Diagnostic, Akcea, Amgen, Esperion, Novartis, Regeneron, Roche Diagnostic

Lisa Bienvenu, ACS, SDMS, FASE

Nothing to Disclose

Kelli C. Bohannon, ACNP-BC

Nothing to Disclose



CME INFORMATION *(continued)*

Paul Dampf, MD

Nothing to Disclose

Leonard Davis

Nothing to Disclose

Kristina Ann Dupre, PharmD

Nothing to Disclose

Robert H. Eckel, M.D.

CONSULTANT FEES/HONORARIA
Novo Nordisk, Regeneron, Sanofi-Aventis

Clement Eiswirth, MD, FACC

Nothing to Disclose

Karen Engelhardt

Nothing to Disclose

Jorge A Castellanos Gonzalez, MD, FACC

Nothing to Disclose

Anna Gullo, RN, MBA, BSN

Nothing to Disclose

Matthew Hayes, CIIP

Nothing to Disclose

Fadi G. Hage, MD, FACC

RESEARCH/RESEARCH GRANTS
Astellas Pharma Global Development, GE Healthcare, Novartis Pharmaceuticals

Erica Howe, MD

Nothing to Disclose

Neeraj Jain, MD, FACC

Nothing to Disclose



CME INFORMATION *(continued)*

Carl J. Lavie, Jr., MD, FACC

CONSULTANT FEES/HONORARIA

Amarin, Amgen Inc., DSM, Regeneron, Sanofi-Aventis

Elizabeth McIlwain, MHS, RDCS

Nothing to Disclose

Kalgi A. Modi, MBBS, FACC

Nothing to Disclose

Patrick Parriono, MD

Nothing to Disclose

Christopher Parris, MD, FACC

Nothing to Disclose

Hamang M. Patel, MD, FACC

Nothing to Disclose

Norman Pitman, CFP

Nothing to Disclose

Ian Del Conde Pozzi, MD, FACC

Nothing to Disclose

Gary M. Rich, M.D., FACC

Nothing to Disclose

Sepehr Saberian, MD

Nothing to Disclose

Sangeeta B. Shah, MD, FACC

Nothing to Disclose

Frank W. Smart, MD, FACC

RESEARCH/RESEARCH GRANTS

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CME INFORMATION *(continued)*

Merrill Stewart, MD

Nothing to Disclose

Kortni Stinson, NP

Nothing to Disclose

Christopher J. White, MACC, MD

Nothing to Disclose

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- Your feedback from this American College of Cardiology (ACC) educational course will help us to better target ACC educational initiatives and efforts to support you and your future learning needs. In order to receive your CME/CNE certificate or certificate of attendance, you must complete a brief evaluation survey online. This survey will be sent via email and will include a direct link to the survey. We strongly recommend that evaluations and credit claims be submitted within one MONTH of the course, but you must complete them within three months of the course.



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LISA BIENVENU, RDCS, ACS, FASE
Echocardiography Lab-Technical
Director

Ochsner Health System
DAVID DALY, MD, FACC
Interventional Cardiologist

Cardiologists Specialists of Acadiana
JHERIE DUCOMBS, MD, FACC
Assistant Chief Medical Officer

North Oaks Health Systems
ELIZABETH F MCILWAIN, MHS, RCS, FASE
Operations Coordinator for Cardiology Services

West Jefferson Medical Center
HAMANG PATEL, MD, FACC
Cardiomyopathy and Heart Transplantation

Ochsner Health System
SANGEETA SHAH, MD, FACC
Director, Cardiovascular MRI

Ochsner Heart & Vascular Institute
Co-Director, Adult Congenital Heart Program
Ochsner Health System
ERICA HOWE, MD, FSHM
Associate Professor in the Division of General and
Geriatric Medicine

Program Chair of the Women Physicians Wellness
Conference
University of Kansas Medical Center
IAN DEL CONDE POZZI, MD

Cardiologist
Miami Cardiac & Vascular Institute
Miami, FL

MATT HAYES, MBA
Enterprise Imaging Architect
Ochsner Health System

ANNE THAI
First Year Medical Student
Tulane University

ALLYSON JUDGE
Junior
High School Student

CHRISTIE BALLANTYNE, MD
Professor of Medicine
Chief-Sections of Cardiology & Cardiovascular
Research
Department of Medicine
Director
Center for Cardiometabolic
Disease Prevention
Baylor College of Medicine
Houston, TX

ROBERT M. ECKEL, MD
Professor of Medicine Emeritus, Division
of Endocrinology, Metabolism, & Diabetes,
Anschutz Medical Center
University of Colorado, Denver
Aurora, Colorado

TIMOTHY W. ATTEBERY, DSC, MBA, FACHE
Chief Executive Officer (CEO)
American College of Cardiology

SEPEHR SABERIAN, MD
Clinical Cardiologist
Ochsner Health Center

MICHAEL CRAWFORD, MD
Cardiology Fellow
Tulane University

ROBERT DRUTEL, MD
Cardiology Fellow
LSU Health Sciences Center New Orleans

ALA MOHSEN, MD
Cardiology Fellow
LSU Health Sciences Center New Orleans

KELLI BOHANNAON
Associate Director
Member Strategy
American College of Cardiology

MORIAH RICHIE, PA-C
CMO, St. Thomas Heart and Vascular
PATRICK "GENE" PARRINO, MD

Thoracic & Cardiovascular Surgeon
Section Head
Ochsner Medical Center

JORGE CASTELLANOS, MD, FACC
Structural Heart Disease
Louisiana Cardiology Associates

FRANK W. SMART, MD, FACC
Gerald S. Berenson Professor & Chief of
Cardiology

LSU Health Science Center New Orleans
CLEMENT EISWIRTH, MD
Heart Failure

Transplantation Medicine
Ochsner Health Center
KRISTINA DUPRE, PHARM D

Clinical Pharmacy Specialist, Cardiology
Clinical Pharmacy Supervisor
Ochsner Clinic Foundation

ANNE GULLO, RN MBA, BSN, RN
Performance Improvement & Amyloidosis
Clinical Coordinator
Ochsner Health System

PAUL DAMPE, MD
Cardiovascular Disease
Clinical Cardiac Electrophysiology
Louisiana Cardiology Associates

CARL "CHIP" LAVIE, MD, FACC, FACP, FCCP
Medical Director Cardiac Rehabilitation and
Preventive Cardiology
The University of Queensland School of
Medicine-Ochsner Clinical School

FADI HAGE, MD
Associate Professor of Medicine
Chief of Cardiology Birmingham
Veterans Affairs Medical Center
University of Alabama at Birmingham and
Birmingham

Veterans Affairs Medical Center
KAREN ENGLEHARDT
Executive Director
Louisiana Cardiology Associates

CHRISTOPHER PARIS, MD
Interventional Cardiologist
Cardiovascular Institute of the South

SAMY ABDELGHANI, MD
Cardiologist
Non-invasive Imaging
Ochsner Medical Center - Covington

LEONARD DAVIS, JD
Attorney At Law
Partner of Herman, Herman & Katz, LLC

NORMAN PITMAN, JD, CFP®
President - ND Pitman and Company
Wells Fargo Advisors

GREG DORRIETY, CFA, CFP®
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2019 POSTER DISPLAY

Poster #1a

Utility of Cardiac Magnetic Resonance Imaging in the Diagnosis, Surgical Planning for Primary Cardiac Tumors: A Case Report

Author: *Abdulaziz Joury*

Poster #1b

Profound Complete Atrioventricular Block with Lyme Myocarditis

Author: *T. Scott Robbins*

Poster #1c

Unexplained Cardiac Arrest: What Constitutes a Systematic Investigation?

Author: *Thomas Middour*

Poster #2a

When a Music Concert Reverses Your Life, # NOLA

Author: *Ahmad Al Turk*

Poster #2b

Hyperkalemia with Succinylcholine Use in Acute Renal Failure during Peritoneal Dialysis Catheter Placement - T Wave Peaking and Early Sine Waves on an EKG

Author: *MaeLynn La*

Poster #2c

Severe Aortic Insufficiency from Paravalvular Leak from Intuity Valve Treated with Balloon Dilation and Amplatzer Vascular Plug Deployment

Author: *Austin Tutor*

Poster #2d

Takotsubo Cardiomyopathy from Methamphetamine Related Seizure

Author: *Chad Caplan*

Poster #3a

Fetal Outcomes in Uncorrected Tetralogy of Fallot Mothers

Author: *Hanyuan Shi*

SATURDAY, SEPTEMBER 21ST, 2019
6:00-7:30 PM

POSTER JUDGES

PAARI DOMINIC, MD
Ochsner LSU - Shreveport

DANIEL MORIN, MD, MPH
Ochsner Medical Center - New Orleans

ROHAN SAMSON, MD
Tulane University

FRANK SMART, MD
LSU - New Orleans



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2019 POSTER DISPLAY *(continued)*

Poster #3b

**A Rare Presentation of Chagasic Cardiomyopathy
with Stroke**

Author: *Hanyuan Shi*

Poster #3c

A Boulder in the Road

Author: *Hussain Almusawi*

Poster #3d

**Successful Reperfusion Through 24-Hour Intracoronary
Thrombolysis in ST-Segment Elevation Myocardial
Infarction of the Right Coronary Artery**

Author: *Ivana Okor*

Poster #4a

Reverse Takotsubo Cardiomyopathy in a Young Woman

Author: *Michael Crawford*

Poster #4b

**Reverse Takotsubo Cardiomyopathy In Subarachnoid
Hemorrhage After Adderall**

Author: *Nicholas Sassen*

Poster #4c

An Unusual Case of Hemoptysis

Author: *Jeong Hwan Kim*

Poster #4d

**Uncovering Transthyretin Cardiac Amyloidosis in a
“Non-Compliant” Patient**

Author: *Jon S. Decuir*

Poster #5a

**Unusual Presentation of Vertebrobasilar
Dolichoectasia Contributing to Ataxia**

Author: *Jonathan Chang*

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2019 POSTER DISPLAY *(continued)*

Poster #5b

**A Bullet is Responsible for My Pulmonary Hypertension?
A Prior Gunshot Wound Resulted in AV Fistula Formation
Causing High Output Cardiac Failure**
Author: *Rohini Manaktala*

Poster #5c

**Intra-Aortic Balloon Pump to the Rescue:
A Case of Cardiogenic Shock due to Failing
Bioprosthetic Aortic Valve, Repaired with Valve in
Valve TAVR**
Author: *Rohini Manaktala*

Poster #5d

**Successful Revascularization in a Patient with Severe Chronic
Limb Ischemia from Below the Knee Chronic Total Occlusion
via the Plantar Arch Using Pedal Access.**
Author: *Koyenum Obi*

Poster #6a

**An Unusual Presentation of Ventricular
Standstill in a 94-year-old female**
Author: *Kristina Stang*

Poster #6b

**Spontaneous Coronary Artery Dissection Presenting with
Ventricular Fibrillation and Cardiogenic Shock in the Peri-Partum Period**
Author: *Lina Ya'qoub*

Poster #6c

**Coronary Subclavian Steal Syndrome in the
Setting of Bilateral Subclavian Stenosis and
Presence of Accessory Graft Branch**
Author: *Lina Ya'qoub*

Poster #6d

**Ivabradine in Chronic Stable Angina-A Systematic Review
and Meta-Analysis.**
Author: *Aashish Gupta*

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PAARI DOMINIC, MD
Ochsner LSU - Shreveport

DANIEL MORIN, MD, MPH
Ochsner Medical Center - New Orleans

ROHAN SAMSON, MD
Tulane University

FRANK SMART, MD
LSU - New Orleans



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2019 POSTER DISPLAY *(continued)*

Poster #7a

Three-Dimensional Mitral Valve Area in Patients With Mitral Annular Calcification.

Author: *Aashish Gupta*

Poster #7b

Appropriate Telemetry Monitoring Project to Reduce Inappropriate Telemetry Admissions

Author: *Adil Yousuf*

Poster #7c

Incidence of Acute Myocardial Infarction And Hurricane Katrina: Twelve Years after the Storm.

Author: *Asaad Nakhle*

Poster #7d

Perspectives of Emerging Cardiovascular Disease in Developing Nations

Author: *Ayan Ali*

Poster #8a

Tirofiban is a Safe Adjunctive Treatment in Patients Undergoing Percutaneous Interventions for Severe Claudication or Critical Limb Ischemia

Author: *Ayman Nasir*

Poster #8b

Left Ventricular Assist Devices vs. Cardiac Transplantation: The Age Factor

Author: *Baldeep Dhaliwal*

Poster #8c

Exercise Capacity and All-Cause Mortality in Remote Indigenous and Non-Indigenous Populations

Author: *Donald Chang*

Poster #8d

An Examination of Access Site Complications in Transcatheter Aortic Valve Replacement: Risk Factors, Potential Prevention, and Treatment

Author: *Jayna Kelly*

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6:00-7:30 PM

POSTER JUDGES

PAARI DOMINIC, MD
Ochsner LSU - Shreveport

DANIEL MORIN, MD, MPH
Ochsner Medical Center - New Orleans

ROHAN SAMSON, MD
Tulane University

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LSU - New Orleans



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2019 POSTER DISPLAY *(continued)*

Poster #9a

Left Atrial Appendage Emptying Velocities Predict Left Atrial Voltage and Atrial Fibrillation Recurrence: A Retrospective Study
Author: *Maria Khan*

Poster #9b

Atrial Voltages in Patients with and without Cancer; A Retrospective Review
Author: *Mazen Iqbal*

Poster #9c

A Reassessment of the Safety of Class 1C Antiarrhythmic Drugs in Coronary Artery Disease
Author: *Peter Pantlin*

Poster #9d

Chemotherapy Responsive Apical Left Ventricular Metastasis from Renal Cell Carcinoma
Author: *Robert Drutel*

Poster #10a

Sudden Cardiac Arrest from Flecainide Toxicity: A Case Report
Author: *Robert Drutel*

Poster #10b

Mortality Benefit of Aspirin in Patients with Congestive Heart Failure: A Meta-analysis
Author: *Sania Jiwani*

Poster #10c

The Maze Procedure is a Risk Factor for Left Atrial Thrombus
Author: *Shourjo Chakravorty*

Poster #10d

Atrial Voltages in Patients with Obstructive Sleep Apnea
Author: *Stefan Sicinski*

Poster #11a

Quality Care Analysis of the Appropriateness of Veterans Affairs Cardiology Clinic Visits- A Follow Up of Interventions
Author: *Vincent Gacad*

SATURDAY, SEPTEMBER 21ST, 2019
6:00-7:30 PM

POSTER JUDGES

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Ochsner Medical Center - New Orleans

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Tulane University

FRANK SMART, MD
LSU - New Orleans



RESEARCH COMPETITION ORAL ABSTRACT PRESENTATIONS

FINDING AN OPTIMAL MEASURE OF FITNESS TO PREDICT MORTALITY: ANAEROBIC THRESHOLD VERSUS OXYGEN CONSUMPTION

Authors: Sergey Kachur, MD¹; Alban DeSchutter, MD²; Carl J. Lavie, MD¹; Andrew Elagizi, MD¹; Rikin Kadakia¹; Richard Milani, MD¹

¹ *Department of Cardiovascular Diseases, John Ochsner Heart and Vascular Institute, Ochsner Clinic Foundation, New Orleans, LA*

² *Carson Tahoe Medical Group Cardiology, Carson City, NV*

Category: 18.81 Exercise, Physical Activity, and Rehabilitation

Key Words: Cardiac Rehabilitation, mortality, performance measurement

Hypothesis: Changes in the anaerobic threshold will be a better predictor of fitness changes, and mortality than oxygen consumption alone.

Background: Cardiac rehabilitation (CR) in stable coronary heart disease (CHD) has been shown to improve mortality commensurate with levels of improvement in cardiorespiratory fitness (CRF) as measured by oxygen consumption. Changes in the anaerobic threshold (AT) have likewise been an indicator of CRF, we examine the effect of changes in AT as a predictor of mortality in our CR population.

Methods: 1024 subjects with stable CHD referred for CR between 01/2000 and 06/2013 with a mean follow up of 6.3 years were stratified according to median change in peak oxygen consumption (VO₂) and AT measured during maximal cardiopulmonary exercise testing. Mortality differences were adjusted for age, sex, baseline VO₂, ejection fraction, and body mass index.

Results: Both changes on VO₂ and post-CR VO₂ are associated with significant differences in mortality (HR 0.89, p=0.02; HR 0.86, p<0.001). However, changes in the AT during CR have no significant association with mortality differences (HR 0.97, p=0.5) despite the fact that higher AT on completion of CR shows an association with reduced mortality (HR 0.89, p<0.001). When analyzed in the setting of post-CR VO₂, post-CR AT no longer has a significant association with changes in mortality (HR 1.1, p=0.14).

Conclusions: In patients with CHD, changes in the anaerobic threshold linked to increased lactate production is not a superior indicator of mortality changes related to fitness in our CR population. Relationships of the AT to mortality appear to be mostly accounted for by levels of VO₂ consumption.



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RESEARCH COMPETITION ORAL ABSTRACT PRESENTATIONS

OPTIMIZING CARDIOVASCULAR IMAGING FOR DIAGNOSING INFECTIVE ENDOCARDITIS

Authors: Tripti Gupta, Sandra Kemmerly, Surma Jain, Emily Ramee, Obinna Nnedu, Christopher J White, Sangeeta B Shah

Ochsner Clinic Foundation, New Orleans, LA, USA
University of Queensland
Ochsner Clinical School, New Orleans, LA

Background: As healthcare shifts from a volume-based to a value-based system, cardiovascular imaging (CVI) can be directed towards promoting optimal utilization of resources rather than absolute volume, where optimal utilization is administration of the right test for the right patient at the right time.

This project aimed to optimize use of CVI in diagnosing infective endocarditis (IE) from staphylococcus aureus bacteremia (SAB) due to its high prevalence, clinical impact and cost. According to Appropriateness Criteria, a TEE is appropriate in all patients with SAB, but are there more specific recommendations in this group of patients?

Methods: A multidisciplinary team of internists, cardiologists and infectious disease physicians systematically reviewed literature. We identified clinical risk factors and sensitivity of TEE vs. TTE. An algorithm (Figure 1) was created to standardize use of CVI to optimize patient outcomes. A retrospective review was done to determine sensitivity of this algorithm in diagnosing IE.

Results: 181 patients, 63% males with mean age 60 years were admitted with SAB between 1/1/13 - 12/31/14. 115 TTE and 55 TEE were ordered, of which 2.6% and 21.8%, respectively, were positive for IE. Importantly, 53.3% patients had initial TTEs negative for IE and subsequent TEEs positive for IE. When the algorithm was applied, it had 100% sensitivity for diagnosing IE with a TEE, while limiting unnecessary imaging in low risk of patients.

Conclusions: Studies have cited higher sensitivity of TEE vs. TTE in diagnosing endocarditis, but in clinical practice, a TEE is often preceded by a TTE. By stratifying patients who are at high and low risk for IE, clinicians can be guided to optimize timing and use of the cardiovascular imaging. This algorithm can be built into an EMR for easy utilization by all users. As delivery of healthcare shifts towards a value-based approach, we need to actively engage in this transition and innovate ways to optimize patient outcomes and costs of resources.

Abbreviations: ID, Infectious Disease; IDSA, Infectious Disease Society of America; TEE, transesophageal echocardiogram

Definitions: *Hospital acquired bacteremia* - after healthcare exposure in last 30 days; *Community acquired bacteremia* within 48 hours of admission; *Nosocomial acquired bacteremia* after 48 hours of admission.



RESEARCH COMPETITION ORAL ABSTRACT PRESENTATIONS

LVAD AS BRIDGE-TO-TRANSPLANT LEADS TO BETTER OUTCOMES WHEN COMPARED TO TRANSPLANT-ONLY STRATEGY

Authors: Baldeep Dhaliwal, MD,¹ Miriam Becnel, PAC,² Francisco Merced Ortiz, MD,² Stacy Mandras, MD,² Sapna Desai, MD,² Hamang Patel, MD,² Clement Eiswirth, MD,² Hector O. Ventura, MD,^{2,3} Selim R. Krim, MD,^{2,3}

¹ *Ochsner Medical Center, Department of Medicine, New Orleans, LA,*

² *John Ochsner Heart and Vascular Center, Ochsner Medical Center, New Orleans, LA,*

³ *University of Queensland-Ochsner Clinical School, New Orleans, LA*

Background: Patient who are bridged to transplantation with a left ventricular assist device (LVAD) when compared to primary heart transplantation have had mixed outcomes.

Objective: Compare outcomes between patients who were bridged with an LVAD and those who underwent cardiac transplantation only.

Methods: Single-center study of patients who underwent cardiac transplantation or LVAD implantation. Baseline demographics and outcomes were compared between 3 groups: patients bridged with a LVAD (BTT-LVAD group) prior to cardiac transplantation, patients who underwent primary cardiac transplantation (TX-ONLY group), and patients who underwent LVAD as destination therapy (DT-LVAD group). For the Tx-only group, survival was defined as days alive since cardiac transplantation. For the LVAD-BTT group, survival was defined from time of LVAD implantation and included days alive after cardiac transplantation. In the DT-LVAD group, survival was defined as days alive since LVAD implantation. Kaplan-Meier curves were used to analyze survival between the groups.

Results: A total of 380 patients were included (BTT-LVAD group: 36.3%; Tx-only group: 26%; DT-LVAD group: 37.6%). At baseline, no significant differences with regards to age and BMI were noted. Male gender and blood type O were more common in the BTT-LVAD group. The DT-LVAD group had a higher proportion of black patients. During the study period, 76% of LVAD-BTT group underwent cardiac transplantation. A high survival rate was observed in the study population at 1-year (92.1%). Non-statistically significant differences in 1-year survival were noted between groups with higher trends of survival observed in the BTT-LVAD group (BTT-LVAD group: 95.7%; Tx-only group: 90.9%; DT-LVAD group: 89.5%, $p=0.14$). By 2 years, survival rates remained high in all groups with statistically significant differences noted among the groups (BTT-LVAD group: 94.6%; Tx-only group: 85.9%; DT-LVAD group: 81.4%, $p=0.01$). 3-year survival remained high for both the BTT-LVAD and Tx-only groups however, a decline in survival was noted in the DT-LVAD group (BTT-LVAD group: 93.5%; Tx-only group: 81.6%; DT-LVAD group: 60.8%, $p=0.00$, LOG RANK=.000). While 5-year survival remained high for the LVAD-BTT group (figure), a further survival decrease was observed in both the Tx-only and DT-LVAD groups (BTT-LVAD group: 84.2%; Tx-only group: 63%; DT-LVAD group: 29.8%, $p=0.00$).

Conclusions: Our study showed an exceptionally high survival rate in patients bridged to cardiac transplantation with LVAD implantation. These findings also suggest that the use of a LVAD as a BTT may be a better strategy than primary cardiac transplantation as it may add an additional survival benefit (total support time).



HONORABLE MENTION

CHARACTERIZATION OF MYOCARDIAL BLOOD FLOW IN END STAGE LIVER DISEASE PATIENTS UNDERGOING LIVER TRANSPLANT EVALUATION

Author: Rikin Kadakia

Objective: Stress myocardial blood flow (sMBF) and coronary flow reserve (CFR) by cardiac positron emission tomography (cPET) provide prognostic information supplemental to relative perfusion images. However, myocardial blood flow (MBF) has not been characterized in patients with end stage liver disease (ESLD). Characterization of MBF may provide additional information to further assist with management and risk stratification for patients undergoing liver transplantation.

Methods: A total of 126 patients with ESLD undergoing liver transplant evaluation that underwent rubidium-82 cPET with dipyridamole stress were retrospectively identified. The ESLD patients were compared to 120 age and gender matched controls that underwent cPET stress testing with dipyridamole for clinically indicated purposes. In both groups, studies with significant perfusion abnormalities were excluded.

Results: The median age for ESLD and control patients was 60 years old (IQR: 55-65) and 61 years old (IQR: 54-67), ($p=0.894$), respectively. There were 64% and 70% males in the ESLD and control group, respectively ($p=0.344$). The ESLD cohort had lower rates of hypertension (37.3% vs 68.3%, $p<0.001$) and hyperlipidemia (11.9% vs 60.0%, $p<0.001$), while having similar rates of diabetes mellitus type 2 (39.7% vs 39.2%, $p=1.000$) and tobacco use (7.1% vs 8.3%, $p=0.813$). The ESLD cohort also had a median lower BMI compared to the control group (28.9 (IQR: 25.1-33.6) vs. 33.5 (IQR: 29.3-39.2), $p<0.001$). The ESLD patients had higher median resting MBF (rMBF) (1.01 cc/min/g; IQR (0.83-1.33) vs. 0.85 cc/min/g; IQR (0.85-1.10), $p<0.001$], lower median sMBF [1.46 cc/min/g; IQR (1.21-1.88) vs. 1.71 cc/min/g; IQR (1.42-2.25), $p<0.001$], and lower median CFR [1.39 (IQR: 1.14-1.74) vs. 2.08 (IQR=1.76-2.44), $p<0.001$]. This pattern of elevated rMBF, lower sMBF, and lower CFR in ESLD patients remained statistically significant when adjusted for their resting rate pressure products.

Conclusions: Despite having fewer cardiac risk factors, patients with ESLD have higher rMBF, lower sMBF and lower CFR. The mechanism for these findings are unclear, but elevated rMBF could stem from physiologic shunting, while reduced sMBF and CFR may be related to either a resistance to dipyridamole or due to an inability to increase in sMBF and CFR.



HONORABLE MENTION

EFFICACY AND SAFETY OF TRANSCAROTID TRANSCATHETER AORTIC VALVE REPLACEMENT: A COMPREHENSIVE METANALYSIS

Authors: Vijay Nijjar, MD, Tamunoinemi Bob-Manuel, MD, Jose Tafur, MD and Uzoma Ibebuogu, MD

Introduction: In patients who are unsuitable for traditional access routes for transcatheter aortic valve replacement (TAVR) due to severe peripheral vascular disease (PVD) or prohibitive surgical risk, carotid artery (CA) access is an emerging route for TAVR. This study represents the most up to date outcomes on carotid access TAVR.

Methods: A systematic review was conducted as per the Preferred Reporting Instructions for Systematic Reviews and Meta-analysis (PRISMA). We performed a thorough electronic search through Pubmed, SCOPUS and Embase databases. Studies including case series and original articles published between 2012 and 2019 with regards to Transcarotid access TAVR were included. We also analyzed data from alternative access sites (Transaortic and Transapical) for comparison. Only studies reporting data on demographic and procedural characteristics, management and follow up outcomes were analyzed. Statistical analyses were performed using SPSS version 24 (IBM Corporation, Armonk, New York, USA).

Results: A total of 15 non-randomized studies were included in this systematic review comprising of patients that received TAVR via 4 vascular access sites. Transcarotid (TC) (N = 1035), TF (N = 1116), TAP (N = 307), TAO (N = 176) The mean age of included TC TAVR patients was 79.9 ± 9.3 and 56% were male. The mean STS score was 7.7 ± 5.1 . Device success was achieved in 98.8% of cases (n=723) 30-day and 1-yr mortality was 5.0% and 10.3% respectively. Major bleeding and vascular complications occurred in 3.7% and 4.2% of patients respectively. 15.3% of patients required new pacemaker implantation. In-hospital stroke or TIA occurred in 4% of cases, 30-day stroke or TIA occurred 5% of cases. There were no hemorrhagic strokes. 30-day Mortality was significantly higher in the Transaortic group (12.1%) compared to the Transcarotid group (2.6%) [RR = 2.93 95% CI = 1.15 -7.58; p = 0.027]. There was no significant difference between TAO and TC in paravalvular leak ≥ 3 post-procedure or 30-day stroke. There was no significant difference between TAP and TC in 30-day mortality or paravalvular leak ≥ 3 .

Conclusions: The most contemporary data on Carotid access TAVR shows impressive device success, low rates of stroke and pacemaker implantation and an acceptable 30-day and 1-year mortality. 30-day mortality was significantly lower in TC compared to TAO patients.



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